BOWING IN CEREMONY

First, understand that "Shomen" simply refers to the front (and in this context, the front wall).

In most traditional dojos, there is a shrine called the Kamiza (lit. "Place of the gods"), which is usually (but not always) on or above the shomen. For the purposes of this explanation, I will assume that the kamiza is indeed on the shomen wall.

If you are facing the Kamiza, the wall behind you is called "Shimoza". The wall to your right is called "Joseiki", and the wall to your left is called "Shimoseiki". The position of any doors in the room itself is irrelevant for the most part.

Bear in mind the Japanese culture concerning social class and hierarchy -- any visiting VIPs, dignitaries etc., present to observe would be seated in Joseiki. As a result, it stands to reason that the highest graded students should be towards Joseiki as well, and then in descending order towards Shimoseiki.